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Smt. Tejshree Rane, Mr. Rahul Kalmate

Modalities

The Workshop Series on “Positive Nurturing” for Pre-Service & Inservice Educators, Parents & Other Care Givers of Pre Schoolers is a two-part series

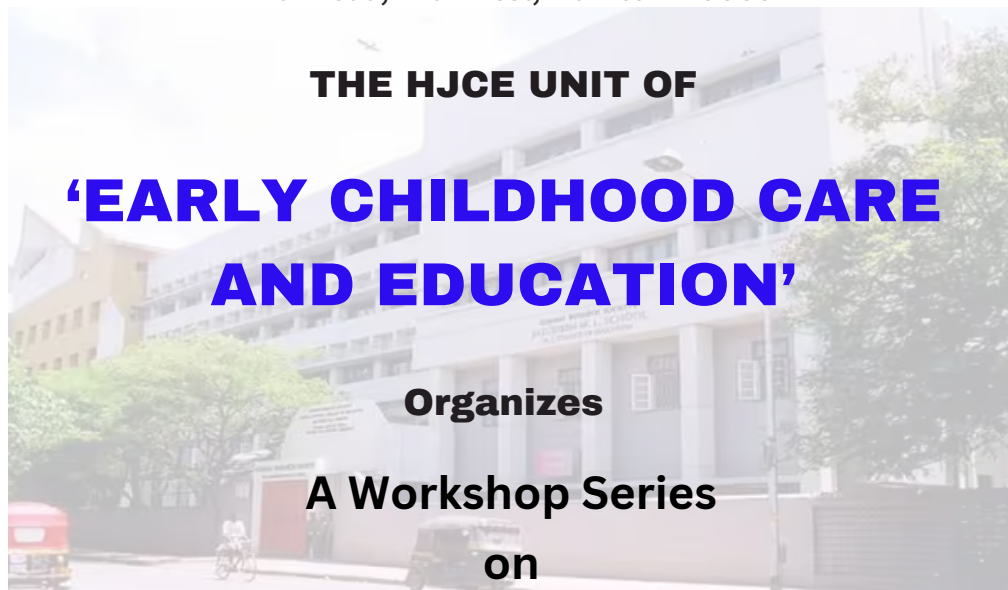
	First Part of Workshop Series Saturday; 30 March, 2024	Second Part of Workshop Series Saturday; 6 April, 2024
Time 10:30 a.m. to 1:30 p.m.	10:30 a.m. to 11:45 a.m.: ‘Easy, affordable and healthy eating tips: Ideas to help your Child maintain a nutritious diet’ by Dr. Veena Yardi 12:00 p.m. to 1:30 p.m.: ‘Positive Mindfulness & Digital Wellbeing’ by Dr. Roopa Rao	10:30 a.m. to 11:45 a.m.: ‘Pre School Yoga: Fun and Easy Ideas Tips’ - Mrs. Natasha Swar 12:00 p.m. to 1:30 p.m.: ‘The Do’s and Don’ts of Nurturing Foundational Level Children’ - Mrs. Poonam Ghadigaonkar



GUJARAT RESEARCH SOCIETY'S HANSRAJ JIVANDAS COLLEGE OF EDUCATION

(AUTONOMOUS, NAAC RE-ACCREDITED WITH “A+” GRADE)

Dr Madhuri Shah Campus, Ram Krishna Mission Marg, Junction of 16th and 17th Road, Khar West, Mumbai - 400052



“POSITIVE NURTURING”

for

Pre-Service & In-service Educators, Parents &
Other Care Givers of Pre Schoolers

Dates:

30 March, 2024 (Saturday) ; Time: 10:30 a.m. to 1:30 p.m.

&

6 April, 2024 (Saturday) ; Time: 10:30 a.m. to 1:30 p.m.

About Hansraj Jivandas College of Education

Gujarat Research Society [GRS] that was established in 1936 founded Hansraj Jivandas College of Education [HJCE] in 1969 and thus made a major foray into the sphere of teacher training. HJCE was a culmination of the foresighted vision of Dr. Madhuri Shah, a nationally and internationally acclaimed academician & the Ex-Chairperson of UGC. H.J. College of Education is one of the best Teacher Education institutions in the country. The college is continuously engaged in activities that benefit all its stakeholders. Today the college offers training to future teachers and administrators with emphasis on creative teaching, research, and harmonious blending of modern technology with Indian values and culture. Progressive in its outlook, HJCE strives to encompass the new trends in the field of education as well as demands of modern society to create teachers of global standards. The college has been re-accredited by NAAC with 'A+' Grade and is granted Autonomous status by UGC. Education World Ranking 2020 has ranked the College at 14th position in Maharashtra and 34th in India.

About the Workshop Series on 'Positive Nurturing'ing'

A child's early years are the foundation for his or her future development, providing a strong base for lifelong learning and learning abilities, including cognitive and social development. Children's experiences in their first five years have been shown to have a significant impact on their developmental outcomes later on. As a result, it is important for parents and those who work with children to understand these early stages of development. This allows them to meet a child's needs effectively, and ensure that they have the best start in life. Teacher training does not adequately cover the early years, despite the fact that children are still within this period when they begin school. This lack of awareness could cause a failure to provide the best environment for children, thereby limiting their progress. To help the teachers and parents of pre-schoolers understand the early years, this Workshop Series has been organized.

Educating children at the foundational stage can be a daunting task. It is for this reason that the ECCED unit of HJCE has planned this workshop series, where it brings together some of Mumbai's leading experts to provide helpful tips, insights and facts as well as Science-backed information that can give the best start in life to the pre-school child! It aims to provide guidance on how to face the challenges encountered in the journey of a child's foundational level.

Objectives of the Workshop

- To develop awareness among the participants regarding promoting positive food habits in pre-school children.
- To empower the participants with tips to help the pre-school children embark on a life of well-being and positivity.
- To develop insight among the participants, into various Yoga practices and their significance in pre-school education.
- To aid the participants in having a nurturing and meaningful relationship with their pre-school children / students.

HOW TO PARTICIPATE

- **Registration is compulsory**
- **Payment Details for the Workshop Series are as follows:**

Registration Fees for First Part of Workshop Series - ₹ 500/-

Registration Fees for Second Part of Workshop Series - ₹ 500/-

Registration for both the Workshop Series - ₹ 1000/-

Bank Details: A/c Name: HANSRAJ JIVANDAS COLLEGE OF

EDUCATION OTHER FEES; A/c No.: 0014104000403603;

IFSC: IBKL0000014

Registration link: <https://forms.gle/sALMyydZ8D6XxIEk9>

Contact Details - 8369146288 , 022-26044641